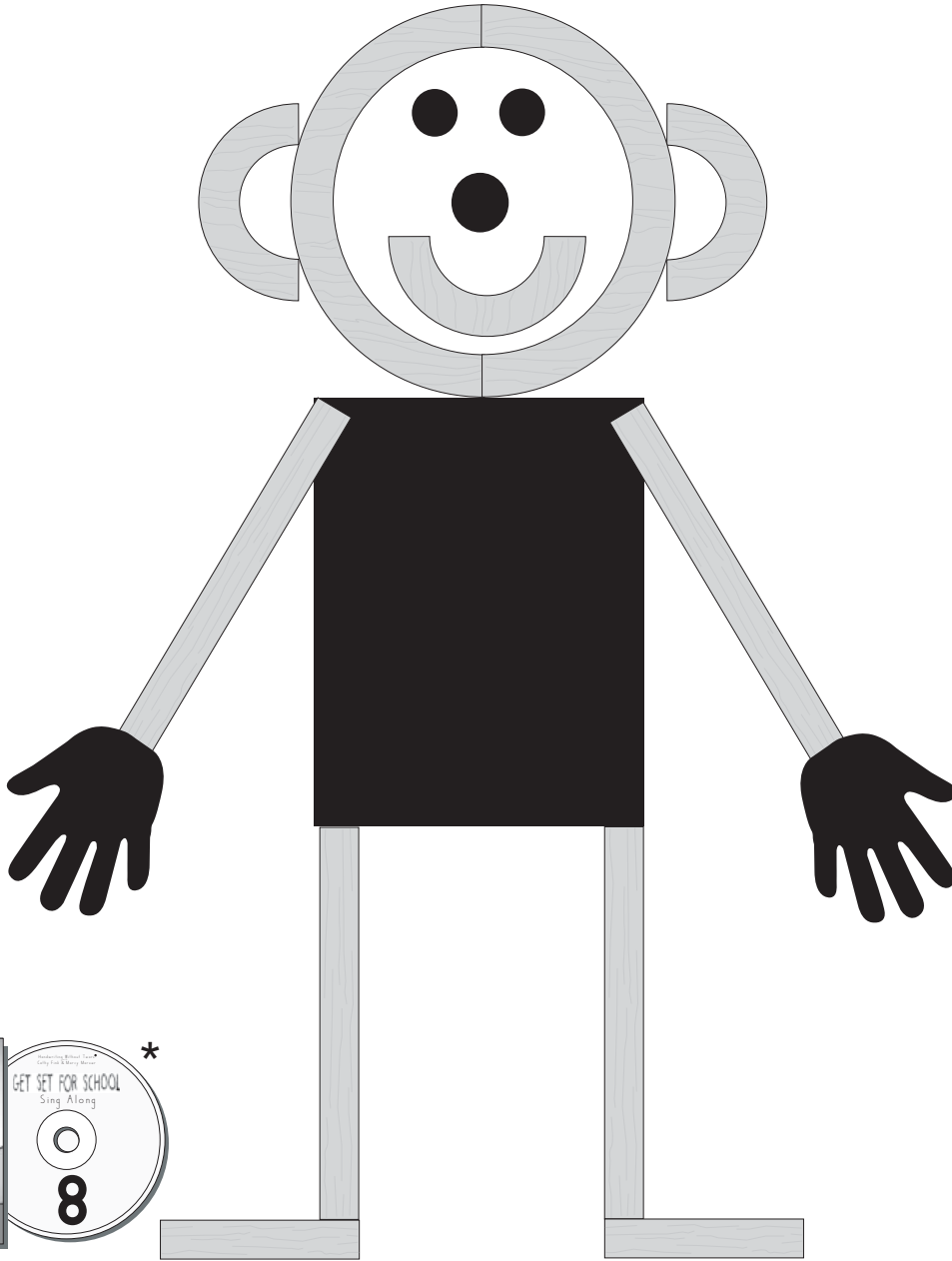


# Mat Man™

Show children how to build Mat Man using the Mat, Wood Pieces, and a few accessories.



\*Additional Activities:

Mat Man Rock, Track 23 of the Rock, Rap, Tap & Learn CD.

## Mat Man

Tune: *The Bear Went Over the Mountain*

Mat Man has	1 head,	1 head,	1 head,
Mat Man has	2 eyes,	2 eyes,	2 eyes,
Mat Man has	1 nose,	1 nose,	1 nose,
Mat Man has	1 mouth,	1 mouth,	1 mouth,
Mat Man has	2 ears,	2 ears,	2 ears,
Mat Man has	1 body,	1 body,	1 body,
Mat Man has	2 arms,	2 arms,	2 arms,
Mat Man has	2 hands,	2 hands,	2 hands,
Mat Man has	2 legs,	2 legs,	2 legs,
Mat Man has	2 feet,	2 feet,	2 feet,

Mat Man has	1 head,	So that he can*	think
(repeat)	2 eyes,	(repeat)	see
	1 nose,		smell
	1 mouth,		eat
	2 ears,		hear
	1 body,	To hold what is inside	heart, lungs, stomach
	2 arms,	So that he can*	reach
	2 hands,	(repeat)	clap
	2 legs,		stand
	2 feet,		walk

\* Wait for your children to respond. Add extra verses when you add new accessories. Your children may call out other body functions (feet= run, kick, dance). Encourage this while keeping the song/activity moving along.

# MAT MAN™

Young children often are asked to draw pictures of themselves or a person. Mat Man makes drawing easy. The following Mat Man activities develop a child's body awareness, drawing, and counting skills.

## Preparation

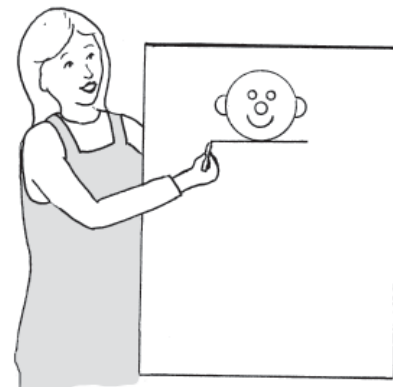
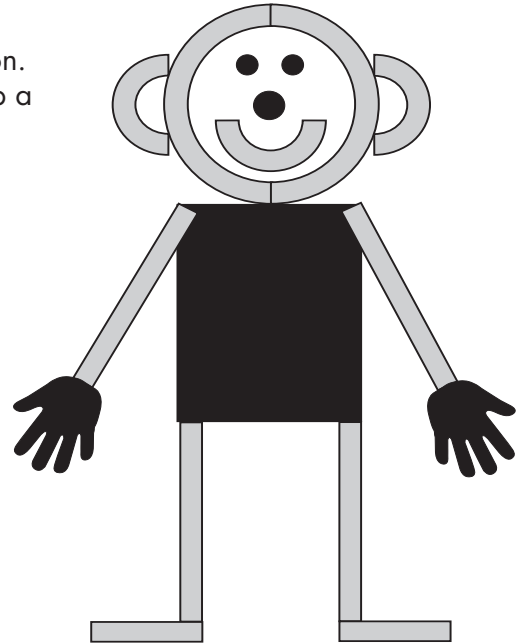
Mat

Wood Pieces:

- 2 big curves (head)
- 3 little curves (ears, mouth)
- 4 big lines (arms, legs)
- 2 little lines (feet)

Accessories:

- 2 hands
- 2 eyes (small water bottle caps)
- 1 nose (large milk or juice cap)
- other items as desired



## Directions for Building and Singing

1. Children sit on the floor in a circle.
2. Teacher builds Mat Man on the floor.
3. Teacher gives Mat Man's parts to the children.
4. Children build Mat Man as they sing the *Mat Man* song with the teacher. (Track 8)
5. Extra accessories (belly button, hair, clothing, seasonal items) will make Mat Man more interesting or change him into a different Mat person.

## Directions for Drawing

1. Children sit at tables/desks facing teacher. Teacher draws a large Mat Man at the board or easel.
2. Teacher draws each part in order. Sing/say: "Mat Man has one head. Watch me draw the head. Now it's your turn!" (*Get Set for School Sing Along* CD, Track 8)
3. Encourage children to add other details to their drawings.

## Skills Developed

- Body Awareness—Body parts, body functions
- Drawing Skills—Placing body parts correctly, sequencing, and organization
- Socialization—Participation, following directions, contributing, taking turns
- Number Awareness—Counting body parts

## Tips

- For preschoolers, demonstrate drawing arms and legs with two parallel lines.
- Encourage students to personalize all of their drawings.



# Mat Man™ Pattern



**Hand**

## Instructions:

Use these patterns to make body parts with colorful paper. Laminate for durability.



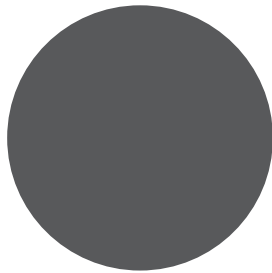
**Curved Hair**



**Wavy Hair**



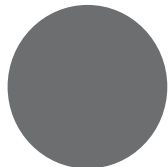
**Straight Hair**



**Nose**



**Eyebrow**



**Eye/Belly Button**



**Curly Hair**

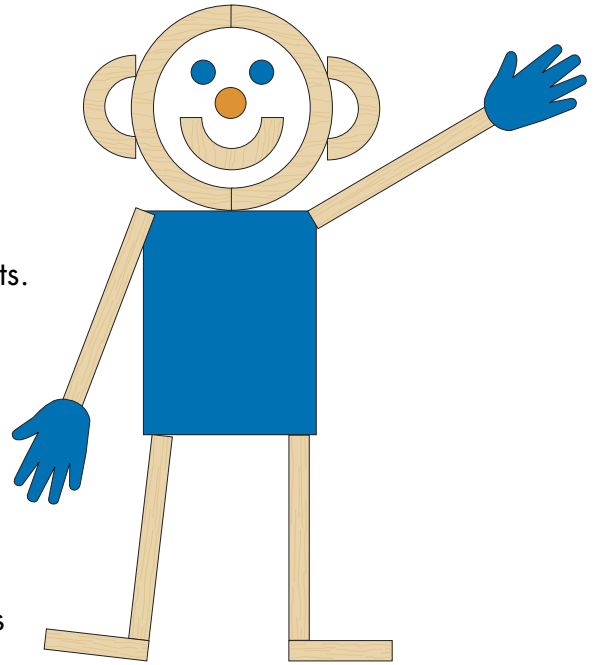
# Mat Man™ - A Friend to All

## Have Your Students Met Him?

Everyone needs friends. Friends make us happy, fill our hearts with joy and teach us things about life. Mat Man™ is quickly becoming friends with children across America. Who is he and what's his secret? Mat Man™ was created to teach preschool children body awareness and other important readiness skills. His secret is that he's so friendly and easy to know, and once children know him, they know many important skills and concepts.

Mat Man™ is a floor person. He's made of simple wood pieces (for head, arms, legs, etc.) a mat (for the body) and a few accessories (bottle caps for eyes and nose, and cut out hands).

Who makes him? The teacher makes him first and brings him to life on the floor. Then what does the teacher do? She gives him away! Each child is given one part to hold. Mat Man™ is gone, he's disappeared! But the children can bring him back to life. As the teacher sings the Mat Man™ song, the children join in and gradually, piece by piece, Mat Man™ comes back to the class. This time the children build him!



He comes back with a song. Haven't heard the Mat Man™ Song? You know the tune, "The Bear Went Over the Mountain." But the words are different. "Mat Man has one head, one head, one head...Mat Man has one head...So that he can...THINK!" During that part of the song, the child who has Mat Man's head comes into the circle and places the head. The song continues, "Mat Man has two eyes, two eyes, two eyes." The song continues until Mat Man is complete. And so Mat Man comes to life.

Mat Man™ does an important job. He helps children learn about their bodies, body functions, counting, taking turns, sequencing, placing pieces, and participating in a group. And there's something else! After building Mat Man on the floor, children want to have a picture of him. They are eager to draw Mat Man™! And guess what? By having the teacher demonstrate the steps to drawing Mat Man™, the children learn to put all of his parts in the right place. Children who know Mat Man™ begin to change him into other people—Mat Mom, Mat Dad, Mat You, Mat Me. No two Mat Men have ever looked the same. That's because children are encouraged to personalize their drawings. From this activity children learn to draw organized pictures of people on paper. They are proud of the people they make and draw. The teachers are proud of their students and pleased with the excitement and results that this activity creates. Thank you Mr. Mat Man™!

